

# WISDOM THAT WORKS

## PROVERBS #28

### The Angry Man Pt. 6

JANUARY 28, 2016

**Pro. 4:7** Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding

- We are continuing our look at the angry man.
  - Anger is very destructive, it ruins relationships outwardly and it ruins health inwardly.
- Everyone gets angry.
  - **We are talking about excessive anger that shows it self in uncontrolled and irrational actions.**
- In our study we have identified the problem, described it from Proverbs and now are trying to get some answers as to how to overcome it.
  - It is such an important topic we've deviated from just looking at it from Proverbs in order to get help.

## REVIEW

### Non-Proverb Helps in Overcoming Anger:

1. **Justified anger is controlled anger.**

Eph 4:26a Be ye angry, and sin not: . . .

**2. Don't let anger fester, deal with it right away.**

Eph 4:26b . . . let not the sun go down upon your wrath:

**3. Realize that anger is a sin and like all other sin, don't allow it.**

Col. 3:8 But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth.

**4. Let God teach you patience through potential anger causing situations.**

Jam 1:4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

**5. Abide in Christ and naturally grow so that God can produce spiritual fruit in your life.**

John 15:5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: **for without me ye can do nothing.**

**6. Cultivate the “Fruit of the Spirit” in your life. They are direct opposites to anger and the solution to it.**

Gal. 5:22-25 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23 Meekness, temperance: against such there is no law. 24 And they that are Christ's have crucified the flesh with the affections and lusts. 25 If we live in the Spirit, let us also walk in the Spirit.

*a. Love*

**THIS WEEK'S LESSON**

*b. \_\_\_\_\_*

**Jam. 1:8** A double minded man is unstable in all his ways.

*c.* \_\_\_\_\_

**Isa. 48:22** There is no peace, saith the Lord, unto the wicked.

**Isa. 57:21** There is no peace, saith my God, to the wicked.

*d.* \_\_\_\_\_

*e.* \_\_\_\_\_

*f.* \_\_\_\_\_

**Acts 10:38** How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good.

**Rom. 3:12** They are all gone out of the way, they are together become unprofitable; there is none that doeth good, no, not one

**Gal. 6: 10** As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith

**Jam. 1:20** For the wrath of man worketh not the righteousness of God.

*g.* \_\_\_\_\_

**Rom. 10:17** So then faith cometh by hearing, and hearing by the word of God.

**Gen. 4:3-7** And in process of time it came to pass, that Cain brought of the fruit of the ground an offering unto the Lord. 4 And Abel, he also brought of the firstlings of his flock and of the fat thereof. And the Lord had respect unto Abel and to his offering: 5 But unto Cain and to his offering he had not respect. And Cain was very wroth, and his countenance fell. 6 And the Lord said unto Cain, Why art thou wroth? and why is thy countenance fallen? 7 If thou doest well, shalt thou not be accepted? and if thou doest not well, sin lieth at the door. And unto thee shall be his desire, and thou shalt rule over him.

*h.* \_\_\_\_\_

**Num. 12: 3** (Now the man Moses was very meek, above all the men which were upon the face of the earth

**Matt. 5: 5** Blessed are the meek: for they shall inherit the earth.

**Matt. 11:28-29** Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light

**James 4:10** Humble yourselves in the sight of the Lord, and he shall lift you up.

*i.* \_\_\_\_\_

**Titus 2:11-12** For the grace of God that bringeth salvation hath appeared to all men, Teaching us that, **denying** ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world

**1 Cor. 9: 24-27** Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain. And every man that striveth for the mastery is **temperate** in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. I therefore so run, not as uncertainly; so fight I, not as one that beateth the air: **But I keep under my body, and bring it into subjection:** lest that by any means, when I have preached to others, I myself should be a castaway

